

view our
menu

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accessible

diversifié



monpetit-déjeuner (breakfast)

formulas

monexpress
a large pastry or pave bread with butter & jam + a hot drink of your choice. — **16 dhs**

monmarocain
msemen and harcha with butter & honey + a hot drink of your choice. — **20 dhs**

monquotidien
at your choice: pancakes or sweet crepe or croissant or filled bagel + plus a hot drink of your choice. — **25 dhs**



monpetit-déjeuner (breakfast)

à la carte menu

crepes

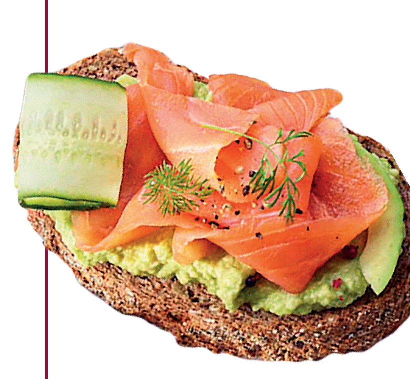
sugar crepe	12 dhs
jam crepe	15 dhs
honey crepe	18 dhs
nutella crepe	18 dhs
nutella and banana crepe	20 dhs
three pancakes	15 dhs





cheese croissant	16 dhs
scrambled egg croissant	16 dhs
tuna salad croissant	16 dhs
egg salad croissant	16 dhs
croissant with deli meat and fried egg	18 dhs
croissant with deli meat and cheese	18 dhs





small tuna sandwich	16 dhs
small chicken sandwich	16 dhs
small sandwich with deli meat and cheese	16 dhs
tuna club sandwich	22 dhs
chicken club sandwich	24 dhs
club sandwich with deli meat and cheese	24 dhs
club sandwich with salmon	26 dhs



tartine with deli meat and cheese	16 dhs
tartine with cream cheese and avocado	18 dhs
tartine with caprese	18 dhs
tartine with goat cheese and nuts	18 dhs
tartine with avocado and smoked salmon	20 dhs



other

bagel with cream cheese and smoked salmon	18 dhs
bagel with American-style tuna	18 dhs
plain omelette with hard-boiled egg	12 dhs
omelette with cheese	16 dhs
croque-monsieur	16 dhs

extras

extra butter	03 dhs
extra jben	05 dhs
extra honey	05 dhs
extra Nutella	05 dhs
extra deli meat	06 dhs





mondéjeuner (lunch)

formulas

dej' express **formula** small sandwich + cold drink	**23 dhs**
petite faim **formula** 2 french or moroccan savory dishes + cold drink + travel cake	**33 dhs**
Daily special	**38 dhs**
salade ou sandwich **formula** choice of salad or sandwich + cold drink + travel cake	**48 dhs**
gourmande **formula** 1 main dish + drink + travel cake	**58 dhs**





mondéjeuner (lunch)



à la carte menu

mapetitefaim (snacks)

moroccan savory dishes	15 dhs
french savory dishes	15 dhs
mini burger	15 dhs
mini quiche	15 dhs

masalade

trio of Moroccan salads	30 dhs
italian pasta	35 dhs
nicoise salad	40 dhs
caesar salad	40 dhs
mexican salad	45 dhs
quinoa salad	40 dhs
caprese salad	40 dhs
soup of the day	12 dhs

maquiche

leek & onion quiche	30 dhs
lorraine quiche	30 dhs
chicken mushroom quiche	30 dhs
salmon spinach quiche	35 dhs

monsandwich

club sandwich

tuna club sandwich	22 dhs
chicken club sandwich	24 dhs
deli meat and cheese club sandwich	24 dhs
salmon club sandwich	26 dhs

cold sandwiches

caprese sandwich	28 dhs
chicken sandwich	32 dhs
tuna sandwich	32 dhs
sandwich with deli meat and cheese	32 dhs
vegetarian sandwich	32 dhs
cheese sandwich	35 dhs

hot sandwiches

krispy sandwich	38 dhs
mexican sandwich	38 dhs
kefta sandwich with salsa	40 dhs

monplat

minced breast and 1 side dish	45 dhs
gratinated chicken and 1 side dish	45 dhs
Seafood paella	50 dhs

monplatgratiné

gratin dauphinois with turkey and spinach	30 dhs
gratin dauphinois with chicken and mushrooms	30 dhs
shepherd's pie	30 dhs

mespâtes

penne with chicken mushroom	35 dhs
tagliatelle carbonara	35 dhs
bolognese lasagna	38 dhs
penne with chicken florentine	40 dhs
spaghetti bolognese	40 dhs
tagliatelle norwegian	50 dhs
spaghetti seafood	50 dhs

mapastilla

chicken pastilla	36 dhs
seafood pastilla	45 dhs

mon marocain

berber tajine	38 dhs
chicken and lemon tajine	40 dhs
beef and prune tajine	45 dhs
marrakchia beef tanjia	60 dhs

moncouscous

only on Friday

seasonal vegetable couscous	35 dhs
seasonal vegetable couscous with chicken	40 dhs
seasonal vegetable couscous with beef	45 dhs

extras

parmesan cheese	06 dhs







mapausegourmande (gourmet break)

formulas



1st formula	2 mini pastries + 1 drink of choice	**20 dhs**
2nd formula	travel cake + 1 drink of choice	**26 dhs**
3rd formula	french or moroccan pastries + 1 drink of choice	**30 dhs**
4th formula	crepe or pancakes + 1 drink of choice	**35 dhs**
5th formula	2 french or moroccan savory dishes + 1 drink of choice	**38 dhs**





mapausegourmande
(gourmet break)

à la carte menu

crepes

sugar crepe	**12 dhs**
jam crepe	**15 dhs**
honey crepe	**18 dhs**
nutella crepe	**18 dhs**
nutella and banana crepe	**20 dhs**
fruits and whipped cream crepe	**18 dhs**
cheese crepe	**16 dhs**
turkey and cheese crepe	**18 dhs**

croissants

cheese croissant	**16 dhs**
croissant with deli meat and cheese	**18 dhs**
croissant with praline and raspberries	**18 dhs**
croissant with caramelized apples	**16 dhs**
croissant with cream and fruits	**16 dhs**
croissant with lemon meringue	**16 dhs**
croissant with chocolate cream	**16 dhs**

travel cake (palmier, brownies...)	**de 7 dhs a 18 dhs**
french pastries	**de 15 dhs a 28 dhs**
moroccan pastries	shortbread **130 dhs/kg** almonds **200 dhs/kg**





mesboissons (drinks)

à la carte menu

hot drinks

espresso	10 dhs
double espresso	15 dhs
americano	12 dhs
ness-ness coffee	12 dhs
café crème	12 dhs
cappuccino	14 dhs
latte	12 dhs
hot chocolate	12 dhs
mint tea	10 dhs
tchaba tea	12 dhs

cold drinks

small orange juice	08 dhs
large orange juice	12 dhs
small detox juice	10 dhs
large detox juice	15 dhs
large fresh fruit juice	20 dhs

mq café

monquotidien

مرحبا

bienvenue

welcome

bienvenidos

ようこそ

Benvenuto

willkommen

monquotidien

monquotidien.ma

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